Multidisciplinary Approach in Adolescent Bariatric Surgery

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Bariatric surgery has been shown to be an effective, and cost-efficacious, tool in the management of adolescent obesity. However, adolescence is a unique period in an individual's life, whereby identity is established and risk taking behaviour is common. They are not children, nor "little adults". Patient selection, perioperative and postoperative management of the adolescent patient requires that their special needs are acknowledged, and a multidisciplinary team is required to maximise outcomes.