

Gastric Sleeve and Metabolic Syndrome

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The Metabolic Syndrome (MS) is a complex disease, associated with an increased cardiovascular risk, due to central fat distribution and insulin resistance. Today there are several treatments for MS, including bariatric surgery, that improve that cardiovascular risk. The authors present a group of 48 patients with MS, submitted to gastric sleeve procedure, and evaluate their BMI, body weight and MS at 6, 9 and 12 months after surgery. The MS improved with weight loss in all the patients, sometimes with full remission. The authors conclude that gastric sleeve surgery is a good option for the treatment of MS in obese patients.