Taiwan's Experience of Multidisciplinary Approach in Bariatric Surgery

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Morbid obesity is a serious disease as it is accompanied by substantial co-morbidity and mortality. The prevalence is increasing to an alarming extent. In the past few decades, bariatric surgery has developed and gained importance. Bariatric surgery is proved to be the only treatment permitting significant and long lasting results for patients suffering from morbid obesity with indications of BMI>40 kg/m(2) or BMI>35 kg/m(2) associated with one or multiples comorbidities. Bariatric care should be delivered within credentialed multidisciplinary systems. Roux-en-Y gastric bypass (RGB), adjustable gastric banding (AGB), and biliopancreatic diversion with duodenal switch (BPD+DS) are validated procedures that may be performed laparoscopically. Laparoscopic sleeve gastrectomy (LSG) also is a promising procedure proved in recent literatures. We would like to report our experience in multidisplinary approach in Taiwanese morbidly obese patients.