

Consensus of Asian Diabetic Surgery Summit (ADSS) and APBSS

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2005 APBSG consensus meeting has modified the indication of bariatric surgery for Asian people to

1. Obese patients with their BMI over 37
2. Obese patients with their BMI over 32 in the presence of diabetes or other two significant obesity related co-morbidities.
3. Have been unable to lose or maintain weight loss by dietary or medical measures.
4. Age of patient > 18 years and < 65 years.

* Under special circumstance and inconsideration with a pediatrician, bariatric surgery may be used in children under age 18

2010 ADSS meeting in Taipei has proposed the indication of metabolic surgery for Asian diabetes people

1. Metabolic surgery should be recommended for diabetes patients with their BMI over 37
2. Metabolic surgery should be considered for diabetes patients with their BMI over 32 and not well controlled (HbA1c > 7.5%) after intensive medical treatment.
3. Metabolic surgery may be considered for diabetes patients with their BMI over 27 with many co-morbidities and not well controlled (HbA1c > 7.5%) after intensive medical treatment.
4. Age of patient > 18 years and < 70 years, with acceptable surgical risk and without end-organ damage.

*The patient should be cared and followed by multi-discipline medical team and pre-operative B-cell function evaluation is indicated